



First Christian Church

Disciples of Christ

430 S. 16th St. Lincoln, NE 68508 402.475.4289

Weekly Worship

love all • live spiritually • rejoice in hope • show hospitality

Rev. Dr. Karen Moritz, Pastor

Kelly Tyrrell, Church Administrator

Mark W. Miller, Director of Music Ministries

Sara Lugn, Stephen Ministry Leader

www.fcclincoln.org

info@fcclincoln.org

Week of October 4, 2020



Public Worship WILL be held at 10:30 am Sunday morning.

If you are not quite ready to join us for public worship, we ask that you follow along with this printed service. Find a comfortable place to be, relax your body, and calm your mind. Try to come into a prayerful mindset. As you pray the community prayer, remember, your fellow congregants at First Christian will be praying this along with you. Feel free to keep this pray-

Community Prayer

Dear God, we pray to you today in awe and thanks that you are in covenant with us. Who are we that we should get to be in relationship with such a loving God as you? Lord, help us to follow the commandments you lay out for us, not out of fear of punishment, but out of sheer love of you, neighbor, and ourselves. In your commandments you have made your will known to us in plain language. Now empower us with your Spirit to live this way in our day-to-day lives. We pray in the name of your Son, Jesus. Amen.

New Way to Connect!

Dial-A-Sermon 402-205-5988

Call any time to hear Pastor Karen's sermon for the week!

Worship Playlist

Unfortunately, one piece of the worship service that we cannot replicate on paper is our wonderful music ministry. Below are links to the songs for this week's worship and reflection. If you have access to the internet, you can type in the links below - OR - you can type the name of each song into YouTube's search engine to enjoy the music this week.

One Bread, One Body

<https://www.youtube.com/watch?v=FG9T8UmN6VY>

Performed by John Foley & New Dawn

We Come to You

<https://www.youtube.com/watch?v=fJ51UDpVIs>

Performed by Josh Blakesly

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Even if you are worshipping from home, please continue your regular giving to the church in addition to your faith giving. The FCC office is accepting checks at 430 S. 16th Street, Lincoln, NE 68508. We can also mail you a debit authorization form to do automatic withdrawals. Finally, there is a "GIVE" button on the top right-hand side of the fcclincoln.org website to make an online donation via PayPal.
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Scripture Readings

Exodus 20:1-20

¹ Then God spoke all these words:

² I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; ³ you shall have no other gods before me.

⁴ You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. ⁵ You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, ⁶ but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

⁷ You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

⁸ Remember the Sabbath day, and keep it holy. ⁹ For six days you shall labor and do all your work. ¹⁰ But the seventh day is a Sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. ¹¹ For in six days the LORD made heaven and earth, the

sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the Sabbath day and consecrated it.

¹² Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

¹³ You shall not murder.

¹⁴ You shall not commit adultery.

¹⁵ You shall not steal.

¹⁶ You shall not bear false witness against your neighbor.

¹⁷ You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

¹⁸ When all the people witnessed the thunder and lightning, the sound of the trumpet, and the mountain smoking, they were afraid and trembled and stood at a distance, ¹⁹ and said to Moses, 'You speak to us, and we will listen; but do not let God speak to us, or we will die.' ²⁰ Moses said to the people, 'Do not be afraid; for God has come only to test you and to put the fear of him upon you so that you do not sin.'

Reflection

Meditation for 17th Sunday after Pentecost

“It is not about Shall and Shall Not”

Every time I preach on the 10 Commandments I flash back to the epic comedic scene in the movie “The History of the World-Part I” Moses comes down from the mountain holding 3 tablets in his arms and says “I have brought you 15 Commandments from God.” But, when he drops one tablet he says “I have brought you 10 Commandments from God” I have always wondered what was on that 3rd tablet.

On a more serious note, we are keenly aware that the 10 Commandments are foundational to the faiths of Judaism and Christianity. They are also foundational to many people around the world. In a survey done a few years ago, people were asked if they could recite the 10 Commandment: 1 in 5 could recite all 10, about half could recite most of them, 1 in 3 could recite some of them, and only a few people surveyed could not recite any of them. The 10 Commandments have become an integral part of our culture here in the US and one can find them displayed in many places. In fact, we have a large display in front of St. Mary’s Roman Catholic Church just a block away from First Christian.

What is it that is so compelling about the 10 Commandments? I suspect part of the appeal is their directness and simplicity. They provide succinct guidance for our lives. The heart of the Commandments is not prohibition but the fostering of deeper relationships with God and with one another. They are also foundational expressions of our faith; they begin with God and move outward in concentric circles to our other relationships. They are concrete expressions of our awareness that salvation and deliverance rest with God and empower us to live faithful lives in relationship to one another. The 10 Commandments also invite us to observe Sabbath time, to find time and space to nurture our relationship with

God which enables us to value our relationships with one another. The real power of these Commandments is the recognition that they are an expression of the Covenant and, as such, they are about relationships not prohibitions. The concrete language of the Commandments makes it tempting to see them as a list of prohibitions, all the things we should or should not do. Things like murder, theft, envy, bearing false witness against others and adultery all damage our relationships with ourselves and one another. Noted biblical commentator William Barclay reminds us that these behaviors express a sense that God has not provided what is needed and that God is not enough for us. These activities express dissatisfaction and prompt us to take what we want at the expense of others.

Embracing the 10 Commandments is really about gratitude. We are able to give thanks for what we have and celebrate what others have as well. It need not be a burden. Faithfulness to them expresses a process of grace. It is about deepening our relationships with God, one another, and ourselves.

Jill Duffield, editor of the Presbyterian Outlook, summarized our passage well when she said: “Our God makes a covenant with us, keeps covenant with us, saves and sustains us.” As we live lives grounded in this covenant, we celebrate our relationship with God and one another. WE become more able to live lives that celebrate our deepening relationships with God, ourselves and one another.

AMEN

Prayers & Praises

October 4, 2020

In Our Church Family:

- Georgann Jordan
- Betty Ferguson
- Arlene Heimer
- Marvin Thurber
- Roger & Jessica Vocasek
- William Deterding
- Marj Snodgrass
- Nancy & Leo Jelinek
- Gwen Belden
- Vic Burgess
- Donna Baker
- Polly Putney

Relatives:

- Friends and Family of Vic Burgess
- Fred Ogren, *prayers for healing during hospitalization, son of LaVonne Ogren*
- Tracey & Jeanne Reisis, *prayers for COVID-19 diagnoses and heart attack, niece and nephew of Dick Pickel*
- Tricia Gangwish, *prayers for fighting breast cancer, aunt of Lindsay Swanson*
- Sondra Peterson & Sister Rhonda, *prayers for the passing of their mother*

Friends:

- Pam Larsen, *continuing to fight cancer, friend of Marcia Foster*
- Peggy Westburg, *praise for improvement, though there is no cure for her cancer, friend of Lindsay Swanson*
- Karen, *during cancer treatments, co-worker of Rhonda Ball*
- Peggy, *prayers for fighting breast cancer, co-worker of Sara Lugin*

Our Timothys:

- Bruce Frogge *at Cypress Creek CC in Spring, TX*
- Glenda Dietrich Moore, *Creative Arts Ministry in Lincoln, NE*

In the Nebraska Region:

Unadilla Christian Church and
Rev. Sandy Denton

Our Global Ministries Missionaries:

Elena Huegel serving in Mexico



Find more information and stories about our Global Ministry partners at www.globalministries.org

Check out our weekly video at www.fcclincoln.org,
First Christian's Facebook page, or search for First
Christian Church, Lincoln, Nebraska on YouTube.

[https://www.youtube.com/channel/
UCVejAW8Dmqv8Jmk5rzj43g](https://www.youtube.com/channel/UCVejAW8Dmqv8Jmk5rzj43g)

Song of the Week

One Bread, One Body

Words by John Michael Talbot

One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout
the earth

We are one body in this one Lord

Gentile or Jew
Servant or free
Woman or man
No more

One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout
the earth

We are one body in this one Lord

Many the gifts,
Many the woks,
One in the Lord
Of all

One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout
the earth

We are one body in this one Lord

We are one body in this one Lord