



First Christian Church

Disciples of Christ

love all . live spiritually . rejoice in hope . show hospitality

Messenger

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Lincoln, NE 68508

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www.fcclincoln.org



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Big Kamp Kaleo Rummage Sale

POSTPONED

We are so sorry to announce that the 2020 Kamp Kaleo Rummage Sale has been postponed until further notice. Due to the rise of COVID-19 cases in Lancaster County, we feel it is in everyone's best interest to hold this event in a time that is safer for everyone's health. We ARE still taking donations, however. If you have a treasure to leave us, please contact the FCC Office at 402-475-4289 to set up a drop-off time.

Dial-a-Sermon 402-205-5988



There is a new option to stay connected to First Christian. Just call 1-402-205-5988 to hear Pastor Karen's sermon for the current week. We are offering this service for all of those who are not yet ready to worship in person but may not have access to our online offerings. Spread the word!



July Act of Kindness Lutheran Family Services

There is still time to give!

Lutheran Family Services will be the recipient of our July 2020 Act of Kindness. **SCRIP cards** to **Wal-Mart** and **Super Saver** would be the most helpful to the families served by Lutheran Family Services.

Please consider purchasing SCRIP cards by mailing a check to the church payable to FCC with July AOK on the memo line or pay with Auto Pay.

Remember, ordering SCRIP cards is a win-win for FCC and the recipients. Donna Ruhl will collect these and give them to Outreach once they arrive.

Thank you for your continued participation in our monthly Act of Kindness opportunities.



STEPHEN MINISTRY

"If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it."
1 Corinthians 12:26

Don't Forget SCRIP

See Donna Ruhl after service any Sunday to see what she has on hand - OR - special orders go in the first Sunday of each month. Next special order will be Sunday, August 2nd. Please contact Donna or the FCC office to get your orders. Thank you for continuing to support the SCRIP program.

Pastor's Corner

**"The heart is like a garden. It can grow compassion or fear, resentment or love."
Author, Jack Kornfield**

This quote really struck me as finishing touches are being added to our prayer garden here at FCC. Pictures can be found on our website and our Facebook page that display the blooming serenity of this outdoor space. In the midst of our busy downtown location, as cars rush down 16th and K streets, it is a joy to find this small oasis. In these days of physical distancing, the garden spot makes a nice place to gather in small groups. It is also the ideal spot for solitary reflection and prayer. As we see the blooms bursting forth, Kornfield's quote resonates. We find ourselves in a time when fear and resentment are growing. In the midst of COVID-19, it is easy to be overcome by fear, ours and all those swirling around us.

As we strive to take precautions, through physical distancing and wearing masks, we may find ourselves overcome by fear. Kornfield invites us instead to nurture compassion and love. As we take precautions we are reminded that we do this not only out of a sense of self-love, but also out of a sense of love and compassion for others, particularly the most vulnerable in our midst. Sometimes I find it easier to do something for others, such an impulse is a good one in these times.

One of the often under-addressed dynamics in these days is that of resentment. One definition of the noun resentment is: "bitter indignation at having been treated unfairly." Fear and anxiety can breed and nourish resentment. Sadly, small resentments left unacknowledged and unattended nurture the growth of larger ones. What may simply begin as annoyance or indignation can grow to anger and rage. At the root of resentment is the sense that one has been treated unfairly or unjustly. As we confront issues of unfairness, injustice, and racism in our country, resentment often rears its ugly head. It is tempting to be side-tracked by a sense that others want something they do not merit or deserve. There is also that sense that if we give "something" to others there will be less for us.

Resentment can thrive on a sense of scarcity. While it is true that unfairness and injustice abound, the challenge is confronting resentment

and allowing our experience to empower us towards action. Resentment can eat us alive from the inside if we dwell on it or we can use it as fuel that empowers us to fight for fairness and justice for everyone. Love, for ourselves and others, is the best treatment for resentment.

May we be empowered to nourish the blooms of compassion and love, they will choke out the weeds of fear of resentment.

With love and joy,

Pastor Karen



Those Serving in August

If for any reason you will be unable to fulfill your requirement, please find a substitute and alert the FCC Office. We can also help find substitutes if necessary.

Thank you in advance for your service to FCC!

Elders

August 2	Wayne Duncan
August 9	Tom Mason
August 16	Jim Blosser
August 23	Connie Calver
August 30	Monte Dietrick

Deacons

Vince Ortega, Dick Pickel, John Swanson,
Doug/Jessica Effle

Communion Prep: Elaine Parman and Carla Pinneo

Ushers/Greeters

August 2	D'Arcy Blosser
August 9	Nichole & Jared Calver
August 16	Monte Dietrick
August 23	Dick & Roxie Pickel
August 30	Wayne & Susan Pallas-Duncan

Hallway Hospitality

August 2	Rich Calver
August 9	Tom Mason
August 16	Mike Carlin
August 23	Geoff Putney
August 30	Dick Pickel

Communion is Back!

Due to COVID-19 related restrictions, we had not been celebrating the Lord's Supper throughout June. Now however, the staff and Worship Team have worked together to make communion happen! We hope that this helps worship feel a little more "normal" while still taking strict sanitation precautions into account.



FCC Social Media!



Each week FCC is posting new pictures, videos, and links to great worship music. Look for First Christian Church on Instagram, Facebook, and YouTube for new content every week. Get connected!



Sanctuary Flowers

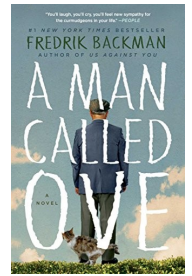
Now that we are back to public worship, we'll be looking for Sanctuary Flower sponsors again. Each bouquet is \$45

and will be ordered by the church. With the parlor hallway closed, you can sign up by calling or emailing the FCC office (402-475-4289 or info@fccincoln.org). Please allow a minimum of 3 business days to receive flowers. Also, let the office know how you would like your flowers to be dedicated in the bulletin. Thanks!

Book Club News

Book Club will meet again
Saturday, July 25, 9:30 am Susan Pallas-Duncan's home.

Our book for discussion is:
A Man Called Ove
by Fredrick Backman



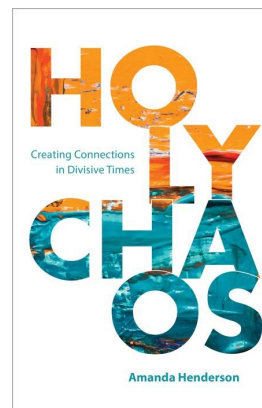
Some of the upcoming titles to be discussed include:
Traveling with Pomegranates by Sue Monk Kidd
The Thirteenth Tale by Diane Setterfield
The Dutch House by Ann Patchett

Anyone is welcome to join in our discussions at any time. We usually meet on Saturday mornings, but check the FCC Calendar of Events for specific dates and times.

New SCRIP Opportunity

Billy's Restaurant is considering offering SCRIP to the First Christian Church program. Right now, we are gauging interest to see if congregation members would be interested in Gift Cards to Billy's. If you would be interested, please contact the FCC office.

New from Chalice Press



Holy Chaos: Creating Connections In Divisive Times
by Amanda Henderson

With warmth, wisdom, compassion, and even humor, Henderson reflects on the core principles of radical loving in chaotic times: rooting down; embracing fear; engaging curiosity; showing up; accepting our brokenness; finding joy in each other; and letting go to chart a way forward with integrity and love in an increasingly hostile world.



Prayers & Praises July 23, 2020

In the Nebraska Region:

- North Side Christian Church Omaha and Rev. Susan Ellis
- Omaha FCC and Rev. Josh Sawyer

Our Global Ministries Missionaries:

- Brigitte Eale serving in Kenya
- Cindy Moraga-Selva serving in Mexico

Find more information and stories about our Global Ministry partners at

www.globalministries.org



Thank you to all of the volunteers who have been working on the First Christian Grounds. Our Prayer Garden is freshly planted and ready for visitors. If you ever find yourself downtown and need of peace and solace, you are always welcome!

Lincoln First Christian Church Calendar of Events

Thursday, July 23 - Messenger Mailed

Sunday, July 26

10:30 am Worship - Sanctuary
11:30 am Elders Meeting - Parlor
1:00 pm Virtual Coffee Hour - Zoom

Tuesday, July 28

11:00 am Filming Weekly Worship Videos
(Aug 2 and Aug 9)

Sunday, August 2 - SCRIP Orders Due

10:30 am Worship - Sanctuary

Sunday, August 2 (Afternoon) - Saturday August 8

Pastor Karen Out of Office

Monday, August 3 - Friday August 7

Kelly Tyrrell Out of Office

Sunday, August 9

10:30 am Worship - Sanctuary
11:45 am Virtual Coffee Fellowship - Zoom

Monday, August 10

12:00 pm Messenger Deadline

Tuesday, August 11

9:00 am Staff Meeting - Conference Room
11:00 am Filming Weekly Worship Video

Wednesday, August 12

12:00 pm FCC Foundation Meeting - Parlor

Thursday, August 13 - Messengers Mailed

WELCOME VISITORS

The following people have recently visited and shared in Sunday morning services:

Robert Reddish

Please join us again in worship.

You are always welcome!

Auto Pay Your Church Giving



Tired of writing checks? There is an easy, convenient and secure way to electronically transfer funds from your checking account to donate to the church. Enrolling is easy – a debit authorization form and voided check is all that we need. Forms are available in the FCC office or can be emailed to you upon request. In addition, auto payment can be canceled at any time. Auto Pay makes life easier for you and FCC. Consider signing up for Auto Pay today!